

Self-Questioning

Video 3 - Step 3

TEACHER

Hi! Welcome to Step 3 of the Self-Questioning strategy.

Step 3 is: Check and Repeat...

The goal of this step is to check to see how well you remembered the information in your notes.

To start, open the first topic question again so you can see all the details.

Now, check the answers you gave in Step 2 with what's in the outline.

Did you remember how many details are listed under this question?

Did you remember each of the details correctly?

Did you remember your answer correctly?

If yes, Great! The studying helped and you're ready to move on to the next topic question in your outline. You will **repeat** the strategy but study the next topic question in your outline.

If not, it's ok! Just go through the strategy again on this question until you can remember everything.

Don't worry, you'll get it!

When repeating, be sure to follow the three steps in this strategy. They are:

- Expand and study
- Contract and review
- Check and repeat

STUDENT

Ok, let's see how I did.

Ok, I'll open the first topic question so I can see the details again.

Hmm, Ok I said I thought there were 2 details and it looks like I was right!

And it looks like I got both of the details right too, but I think I left something out of my answer.

Oh well, I'll just do the steps again and see if I can do better next time!

Ok - now I am going to study these details again. And I am going to ask myself three questions about the information:

How many?
What are they?
What is my answer?

TEACHER

Great work! By going through the steps of this strategy for each question in your outline you'll be able to remember your notes easily and quickly!

Now you're done with the third and final step of the Self-Questioning strategy, *Check and Repeat!* Awesome!