

Self-Questioning

Video 2 - Step 2

TEACHER

Hi! Welcome to Step 2 of the Self-Questioning strategy.
Step 2 is: Contract and Review.

The goal of this step is to see how well you remember the details you just studied.

To start, hide the details you so you can only see the question in the topic line.

Then, ask yourself the three study questions again:

1. How many?
2. What are they?
3. What is my answer?

Review the details you have in your notes without looking at them. See if you can remember the answers for each of the three study questions. This is called self-questioning.

STUDENT

Ok, now that I've studied the details I recorded for this first question, I am going to close up my outline to hide the details.

Now, what were the questions I'm supposed to ask myself again?

Oh right!

How many? Well, I think there were 2 details

What are they? Let's see, there was cell division and... Oh, right!

Regeneration

And, what's the answer? Hmm, well I remember the answer I wrote was something like, "Two examples are cell division and regeneration."

TEACHER

Great Job! You've completed the second step of the Self-Questioning strategy: Contract and Review.

Now you're ready to move on to Step 3 of the Self-Questioning strategy – Check and Repeat!