

# Self-Questioning

## Video 1 - Step 1

### TEACHER

Hi! Welcome to Step 1 of the *Self-Questioning* strategy.  
Step 1 is: Expand and Study.

Before you start, open your outline, but hide all the details under each question.  
Then, read the first topic question and expand the outline so you can see its details.

### STUDENT

Ok, here's my outline. Now I'll hide all my details under their questions.

Next I'll read the first question and then expand my outline so I can see the details I put into my notes.

### TEACHER

Now, read the details you listed as subtopics.  
As you read the details, ask yourself three study questions:

1. How many?
2. What are they?
3. What is my answer?

*How many?* – Means, say the number of details you have for this question?

*What are they?* – Means, read and study the details you listed – try to memorize them

*What is my answer?* – Means, read the answer you wrote in your own words.

Make sure it answers the question. Try to memorize it.  
Now try this for the first question.

### STUDENT

OK, for this first question there are 2 details....  
...and they are cell division and regeneration

...and the answer is, "Two examples of asexual reproduction in many-celled organisms are cell division and regeneration."

Ok I think I have it...

...there are 2 details

...they are cell division and regeneration

...and the answer is, "Two examples of asexual reproduction in many-celled organisms are cell division and regeneration."

I am going to repeat this one more time, just to make sure I can remember everything

...there are 2 details

...they are cell division and regeneration

...and the answer is, "Two examples of asexual reproduction in many-celled organisms are cell division and regeneration."

### **TEACHER**

Great! You just completed the first step of the Self-Questioning strategy: Expand and Study.

Now you're ready to move on to Step 2 of the Self-Questioning strategy – Contract and Review!