

# **Self-questioning**

## **Introduction Video**

### **When and why to use this strategy**

#### **TEACHER**

Hi and welcome to the strategy for Self-Questioning!

Self-questioning is a study strategy that can help you remember information for a test or other school activity.

This strategy is useful when:

- You have notes in an electronic outline
- You took your notes using the strategy *Notetaking for Informational Text*
- You need to remember the information in your notes

The Self-Questioning strategy has three steps

1. Expand and Study
2. Contract and Review
3. Check and Repeat

For this strategy you'll be using an outliner to study your notes. Now watch the step videos to learn how to use this strategy!